

Curriculum vitae

Alessandra Milanesi

Personal information

Name and surname

Alessandra Milanesi

Date of birth

~~30/10/1992~~

Address

~~Via Polizza da Volpato, 20, Voghera (PV), Italy~~

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alessandra.milanesi01@universitadipavia.it

Work experience

October 2022-present

PhD in Experimental Medicine, University of Pavia, Pavia, Italy
Clinical research focused on systemic vasculitides

2020-present

Investigator for AIDA registry for autoinflammatory disease

Sub-investigator in a Phase-4 Clinical Study on the use of apremilast for Early Oligoarticular Psoriatic Arthritis

Sub-investigator in a Phase-2 Clinical Study on the use of Ravulizumab for Dermatomyositis

November 2018-October 2022

Medical assistance activities foreseen by the didactic regulations of the Qualifying Specialization School in Rheumatology of the University of Pavia, Pavia, Italy

Main work place: IRCCS Policlinico San Matteo (PV), UO Rheumatology

According to the educational network of the school, experiences have been carried out also at the Ospedale Fornaroli in Magenta (MI) (2 weeks, November 2021), UO Rheumatology, and Ospedale Nuovo in Legnano (MI) (2 weeks, December 2021), UO Rheumatology

2018

General practitioner locums

Physician for the Blood Donor Association

Education

November 2018-present

Qualifying Specialization School in Rheumatology

University of Pavia, Pavia, Italy

Department of Internal Medicine, Section of Rheumatology

22-7-2021

Completion of the course on Good Clinical Practice (GCP) (NIDA Clinical Trials Network)

2017-2018

Traineeship for the Italian State Exam

2011-2017

Bachelor of Medicine and Bachelor of Surgery

University of Pavia, 27100, Pavia (PV), Italy

Final dissertation: "*Rheumatic diseases and pregnancy: a single centre dedicated clinic experience*".

Full graduation: 110/110 cum laude.

2011

Scientific High School Diploma (92/100)

Scientific High School "Galileo Galilei", Voghera (PV), Italy

Languages

Native Language Italian

Other languages English European Level B2 (Cambridge ESOL Examinations)

Publications

Scientific journals

S. Monti, P. Delvino, E. Bellis, **A. Milanesi**, F. Brandolino, C. Montecucco, *Impact of delayed diagnoses at the time of COVID-19: increased rate of preventable bilateral blindness in giant cell arteritis*. Ann Rheum Dis. 2020 Dec;79(12):1658-1659.

S. Monti, F. Brandolino, **A. Milanesi**, B. Xoxi, P. Delvino, C. Montecucco, *Novel Therapies for ANCA-associated Vasculitis*. Curr Rheumatol Rep. 2021 Apr 28;23(6):38.

C. Ponte, S. Monti, C.A. Scirè, P. Delvino, N. Khmelinskii, **A. Milanesi**, V. Teixeira, F. Brandolino, F. Saraiva, C. Montecucco, J.E. Fonseca, W.A. Schmidt, R.A. Luqmani. *Ultrasound halo sign as a potential monitoring tool for patients with giant cell arteritis: a prospective analysis*. Ann Rheum Dis. 2021 Nov;80(11):1475-1482. doi: 10.1136/annrheumdis-2021-220306.

S. Monti, P. Delvino, C. Klersy, G. Coppa, **A. Milanesi**, C. Montecucco, Factors influencing patient-reported outcomes in ANCA-associated vasculitis: correlates of the Patient Global Assessment, Seminars in Arthritis and Rheumatism (2022), <https://doi.org/10.1016/j.semarthrit.2022.152048>

L. De Stefano, S. Balduzzi, L. Bogliolo, B. D'Onofrio, M. Di Lernia, E. Mauric, **A. Milanesi**, F. Brandolino, C. Rocca, S. Chiricolo, A. Manzo, C. Montecucco, S. Bugatti. Reactogenicity, safety and disease flares following BNT162b2 mRNA COVID-19 vaccine in patients with chronic immune-inflammatory arthritis treated with biological and targeted synthetic disease-modifying anti-rheumatic drugs. Clin Exp Rheumatol. 2022 Sep 21. doi: 10.55563/clinexprheumatol/0ltj1i. Epub ahead of print. PMID: 36135948.

h-index 2 (Scopus)

International conferences

F. Motta, V. Ramoni, B. Vitolo, **A. Milanesi**, F. Beneventi, S. Quaglini, R. Caporali, C. Montecucco. THU0674 *Rheumatic diseases and pregnancy: a single centre dedicated clinic experience*. Annals of The Rheumatic Disease 2018; 77:530-531.

P. Delvino, S. Monti, A. Bartoletti, E. Bellis, F. Brandolino, **A. Milanesi**, C. Montecucco. SAT0256 *The role of fast-track ultrasound in preventing early complications and relapses in giant cell arteritis*. Annals of the Rheumatic Diseases 2020;79:1071.

S. Monti, P. Delvino, C. Klersy, G. Coppa, **A. Milanesi**, C. Montecucco. POS0830 *Factors influencing patient-reported outcomes in ANCA-associated vasculitis*. Annals of the Rheumatic Diseases 2021;80:668-669.

P. Delvino, **A. Milanesi**, F. Brandolino, S. Monti, C. Montecucco. pos0250 *Significant damage occurs early in the course of eosinophilic granulomatosis with polyangiitis and is mainly due to disease-related sequelae*. Annals of the rheumatic diseases 2021;80:347.

C. Ponte, S. Monti, C.A. Scirè, P. Delvino, N. Khmelinskii, **A. Milanesi**, V. Teixeira, F. Brandolino, F. Saraiva, C. Montecucco, J.E. Fonseca, W.A. Schmidt, R.A. Luqmani. OP0055 *Ultrasound halo sign as a potential monitoring tool for patients with giant cell arteritis: a prospective analysis*. Annals of the Rheumatic Diseases 2021; 80:29.

R. Bixio, **A. Milanesi**, O. Viapiana, C. Montecucco, S. Bugatti, M. Rossini AB0900 *A temporary antirheumatic drugs withdrawal does not cause an excess of disease flares in patients with psoriatic arthritis undergoing Covid-19 mRNA vaccination*. Annals of the Rheumatic Diseases 2022;81:1578-1579.

National conferences

A. Milanesi, F. Brandolino, C.S. Chiricolo, S. Balduzzi, S. Monti, C. Montecucco *Psoriatic arthritis relapse after SarsCov2 vaccinations: analysis of 120 patients treated with bDMARDs*, SIR 2021 Congress, Rimini

F. Brandolino, **A. Milanesi**, C. Rocca, S. Balduzzi, S. Monti, C. Montecucco *Risk profile and incidence of major adverse cardiovascular events or venous thromboembolism during treatment with Baricitinib, a monocentric experience*, SIR 2021 Congress, Rimini

V.S. Quadrelli, **A. Milanesi**, F. Brandolino, B.L. Palermo, L. Bogliolo, S. Bugatti *Renal Amyloidosis as a consequence of diagnostic delay in Rheumatoid Arthritis Robustus type*, SIR 2019 Congress, Rimini

F. Brandolino, B.L. Palermo, V.S. Quadrelli, **A. Milanesi**, S. Rossi, S. Bugatti *Kikuchi disease in a patient affected by Systemic Lupus Erythematosus after a journey in Africa: an interesting differential diagnosis*, SIR 2019 Congress, Rimini

Practical Skills

Good practical skill in nailfold videocapillaroscopy, joint ultrasound, intra-articular injections, arthrocentesis and minor salivary gland biopsy.

Additional information

2018-present

Participation to various national conferences and courses focused on different rheumatological aspects.

2021

Oral discussion of a clinical case during AIDA Seminars about Behcet's Disease.

Awards

2009/2010

“International Understanding and Collaboration” award
Lions Clubs International (Distretto 108 Ib3 - Italy)

Pavia, 20/06/2022
